




STRATHMORE PARENT LINK

Drop in/Regular Programs

January 2019

Look for program descriptions on the back of this calendar!

Please Note that our office is closed from 12 - 1 PM everyday for lunch.






Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Find this online...</p> <p>strathmorelibrary.ca/parentlink</p>	<p>1</p> <p>Centre Closed</p> 	<p>2</p> <p>Centre Closed</p>  	<p>3</p> <p>Baby Talk - Chat Time 10:15 AM - 11:45 AM</p> <p>Playdough Fun 2:30 PM - 3:30 PM</p>	<p>4</p> <p>Coffee Q & A 10:00 AM - 11:30 AM</p> <p>Free Play 1:30 PM - 2:45 PM</p>	<p>Positive Parenting Program (Triple P):</p>  <p>Tips and tools to help make parenting easier through quick, private consultations or scheduled group sessions</p>
<p>7</p> <p>Coffee Q & A 10:00 AM - 11:30 AM</p> <p>Centre Closed 1:00 PM - 4:30 PM Staff Meeting</p> 	<p>8</p> <p>Movin & Groovin 9:30 AM - 10:30 AM CIVIC CENTRE</p> <p>Drop in Play 2:00 PM - 3:00 PM</p>	<p>9</p> <p>Coffee & Chatter 10:00 AM - 11:30 AM</p> <p>Snipping Scissors 2:00 PM - 3:00 PM</p> 	<p>10</p> <p>Baby Talk - Rhyme Time 9:45 AM - 11:45 AM</p> <p>Build It! 2:30 PM - 3:30 PM</p>	<p>11</p> <p>Playdough Fun! 10:00 AM - 11:00 AM</p> <p>Free Play 1:30 PM - 2:45 PM</p>	<p>12</p> <p>Board Games With Dad 10:00 AM - 11:30 AM (Male Caregivers & Kids Only) Please Register</p> <p>Moms, kids, and all Caregivers, join us for...</p> <p>Free Playtime! 1:00 PM - 2:30 PM</p> 
<p>14</p> <p>Centre Closed 9:00 AM - 12:00 PM Planning & Admin Time</p> <p>Centre Closed 1:00 PM - 4:30 PM Staff Meeting</p> <p>Drop In Play 5:00 PM - 7:00 PM</p>	<p>15</p> <p>1000 Books/Stay & Play 10:00 AM - 11:30 AM</p> <p>Free Play 2:00 PM - 3:00 PM</p> 	<p>16</p> <p>Coffee & Chatter 10:00 AM - 11:30 AM</p>  <p>Craft & Create 2:00 PM - 3:00 PM</p>	<p>17</p> <p>Baby Talk - Handle With Care 9:45 AM - 11:45 AM</p> <p>Storytime 2:00 PM - 3:00 PM</p>   	<p>18</p> <p>Coffee Q & A 10:00 AM - 11:30 AM</p> <p>Free Play 1:30 PM - 2:45 PM</p> 	<p>19</p>  

Siblings are Always Welcome!

Continued on back of page...

Open: Mon. – Fri. 9 AM – 4.30 PM unless otherwise indicated.

All Programs offered Free of Charge!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 <u>Coffee Q & A</u> 10:00 AM - 11:30 AM <u>Centre Closed</u> 1:00 PM - 4:30 PM Staff Meeting	22 <u>Preschool Talk Time/ Movin & Groovin</u> 9:30 AM - 10:30 AM CIVIC CENTRE <u>Read With Your Groovy Grandparents</u> 1:30 PM - 2:45 PM 	23 <u>Coffee & Chatter</u> 10:00 AM - 11:30 AM <u>Rhyme Time</u> 1:30 PM - 2:15 PM 	24  <u>Centre Closed</u> <u>PLC Learning Event</u>	25 <u>Planning/Admin Time</u> <u>5 For Life Book Sale!</u> CIVIC CENTRE	26 Join us at the 5 For Life Book Sale! CIVIC CENTRE 
28 <u>Centre Closed</u> 9:00 AM - 12:00 PM Planning & Admin Time <u>Centre Closed</u> 1:00 PM - 4:30 PM Staff Meeting <u>Drop In Play</u> 5:00 PM - 7:00 PM 	29 <u>Craft & Create</u> 10:30 AM - 11:30 AM <u>Snipping Scissors</u> 1:30 PM - 2:15 PM 	30 <u>Coffee & Chatter</u> 10:00 AM - 11:30 AM <u>Sensory Play</u> 1:30 PM - 2:30 PM 	31 <u>Baby Talk - Making Baby Food</u> 9:45 AM - 11:30 AM <u>Free Play</u> 2:00 PM - 3:30 PM	<p>For Further Information or to Register, call Natasha, Rhonda or Verona (403) 983-0076</p> <p style="text-align: right;"> PEOPLE FIRST, COMMUNITY ALWAYS</p> <p>419B - 2nd Street, Strathmore, AB plc-strathmore@aspenfamily.org</p>	

Program Descriptions:

- **Drop-in Play/Stay & Play/Free Play/Play, Learn, & Connect:** Children participate in interactive play activities & parents connect with other parents/caregivers & Parent Coaches. Parenting & child development information & resources available.
- **Coffee Q & A/Coffee & Chatter:** Children participate in interactive, imaginative play while parents enjoy meeting other parents/caregivers & interact with staff on questions about development, behavior, parenting & resources.
- **Baby Talk:** Join other parents and babies **up to 12 months** to socialize & learn about relevant topics concerning parenting an infant; program offered in partnership with the Strathmore Health Unit. **Older siblings Welcome!**
- **1000 Books (Ages birth - Kindergarten):** Read with your child and track your reading to win prizes every 50 books! Pick up your log book at PLC or the library or go to strathmorelibrary.ca/1000books.
- **Breakfast with Dad:** Children **0-6** years with their father or a significant male adult - enjoy a light, continental breakfast, play time and time with other dads.
- **Preschool Talk Time:** Drop-in play! A Preschool Speech Therapist will be on site for any questions you might have about your child's speech & sensory development.
- **Movin & Groovin:** This gross motor parented program runs at the Civic Centre until the weather warms up. Sponsored by the Town of Strathmore. Come burn some energy off!

- **Playdough Fun:** Exactly what it sounds like... come and play with some dough! :)
- **Snipping Scissors:** Have a little one that loves practicing their cutting? This is for them!
- **Sensory Play:** Join us for a mini version of ooey gooeey messy play with a variety of materials to manipulate and explore.
- **Storyland Adventure:** A story, rhymes and craft all rolled into one!
- **Build It:** Lego, Duplo, Megablocks galore... How tall can you make your tower?!!
- **Planning/Admin Time:** Office is open 8:30 - 4:30, no programs are running.

Parent Link must adhere to Fire Safety Regulations such as room capacity restrictions. This means that if you are coming for a busy program, or have not registered (as applicable), you may be asked to return at another time.

...LOOK!.....for our sign out on the railing that will either be **GREEN** for "Come on In!" or **RED** for "STOP, Playroom full!"

Open: Mon. – Fri. 9 AM – 4.30 PM unless otherwise indicated.



All Programs offered Free of Charge!

