



# JANUARY 2018

MON	TUE	WED	THU	FRI	SAT
	1 	2	3	4	5
7 <b>The Art of Friendship</b> 1-3 PM	8	9 <b>Talk To Your Kids</b> 10-11 AM	10 <b>Life Skill Program</b> 10 AM -12 PM <b>Hanging Out Overload</b> 4-6 PM	11 <b>School's Out All Day</b> 10-4 PM	12 <b>Legal Clinic</b> 10 AM-12 PM
14 <b>The Art of Friendship</b> 1-3 PM	15 <b>Mobile Market</b> 4:00 PM 	16 <b>Talk To Your Kids</b> 10-11 AM	17 <b>Life Skills Program</b> 10 AM-12 PM <b>Alex Dental Bus</b> 9:30-3:30 PM <b>Hanging Out Overload</b> 4-6 PM	18	19
21 <b>The Art of Friendship</b> 1-3 PM	22 <b>Mobile Market</b> 4:00 PM	23 <b>Talk To Your Kids</b> 10-11 AM <b>Rent Smart Workshop</b> 6-8 PM	24 <b>Life Skill Program</b> 10 AM-12 PM <b>Hanging Out Overload</b> 4-6 PM	25	26
28 <b>The Art of Friendship</b> 1-3 PM	29 <b>Mobile Market</b> 4:00 PM	30	31 <b>Life Skill Program</b> 10 AM-12 PM <b>Hanging Out Overload</b> 4-6 PM		

Heart of the Northeast

Family Centre

HOTNE

Serving the communities of:  
Whitehorn, Rundle, Temple, Monterey Park, Vista Heights and Pineridge.

Hours

MON 9-12 and 4-8 PM\*

We are closed Monday afternoon but opened in the evening for programming.

TUE 9:00 AM—5:00 PM

WED 9:00 AM—5:00 PM

THU 9:00 AM—5:00 PM

FRI 9:00— 5:00 PM

Closed daily from

12:00 -1:00

FIND US

Located in

Village Square Leisure Centre

2623– 56th St NE

Calgary, AB T1Y 6E7

Contact Us at

403-293-5467

hotne@aspenfamily.org

Please turn page for more information

## HOTNE

**Aims to deliver timely, cost-free, effective, and confidential services tailored to each family's needs. Families are active participants in setting goals and making decisions about their futures.**

### WHAT IS HAPPENING...

**The Community Mobile Market** by Leftover foundation and City of Calgary provides low cost food and produce items to everyone! The market is located inside Village Square Leisure Centre in the living room space . every other Tuesday at 4:00pm.

#### **The Lions' Festival of Lights:**

When: December 1, 2018, to January 8, 2019  
Time: 6 pm – 12 am (starts at 5 pm on Dec. 1st)  
Where: Confederation Park  
Address: Corner of 14 St and 24 Ave NW, Calgary, AB  
Website: [www.lionsfestivaloflights.ca](http://www.lionsfestivaloflights.ca)



## THIS MONTH

**The Art of Friendship Mondays 1-3 pm, Jan 7-Feb 25:** Inside Village Square Leisure Centre 2623 56 St NE community room.

The Community Art of Friendship Group will help you with how to build self-confidence, laugh more and reduce loneliness.

This is a 8 week group. Space is limited. For more information or to register: **phone: 403 297 1402**

**website: [www.recoverycollegecalgary.ca](http://www.recoverycollegecalgary.ca)**

**Knit and Chat every Monday at 10 am:** Drop in at Village Square Leisure Centre 2623-56 ST NE in the Living room space.

**Hanging Out Overload every Wednesdays 4-6 pm:** At 1000 voices inside Genesis centre 7555 Falconridge Blvd NE

Come hang out and play some cool math games, board games, arts and crafts and much more!

**Talk To Your Kids! Wednesdays 10-11 am:** At the Parent Link Centre inside Village Square 2623 56 st NE. This workshop is aimed to provide parents with tools to strengthen their relationship with their child(ren) ages 0-18 years. Please join us in exploring the importance of communication with your children and what can be done to establish a strong bond between a parent and a child/youth. **To register 403-472-0407 or [hotne@aspenfamily.org](mailto:hotne@aspenfamily.org)**

**Life Skills Program Thursdays , 10 am –12 pm:** Inside Village Square Leisure Centre 2623 56 St NE community room.

Do you need help with cover letters, resumes, job interview preparation? Join us for an interactive learning class.

**To register 403-472-0360 or [hotne@aspenfamily.org](mailto:hotne@aspenfamily.org)**

**ALEX Bus: Dec 13, 9:30-3:30 pm** Free screening, cleaning and referral for children and youth ages 6-23 years.

**To register. 403-293-5467 ex 26 or [hotne@aspenfamily.org](mailto:hotne@aspenfamily.org)**

**Rent Smart Workshop Jan 23, 5-8 pm:** Rent Smart helps participants to find and keep housing by building knowledge, life skills, and confidence to find appropriate housing and to overcome coon barriers to accessing housing, and increased skills to stay housed. **To register [Jwederfort@aspenfamily.org](mailto:Jwederfort@aspenfamily.org)**

**Theme Legal Dec 18 , 10 am-12 pm:** At Heart of the NE family centre inside Village Square 2623 56 st NE In need of free legal consultation? Come access Aspen free Legal Clinic with an experienced Attorney of Law. Limited spots available. Available every first Saturday each month (except statutory holidays).

**To register contact [hotne@aspenfamily.org](mailto:hotne@aspenfamily.org) or 403 - 472 - 0360**

**Moms Night Out Nov 28 (every last Wednesday of the month, 6-8 pm** Parent Link Centre Village Square 2623-56St NE

Join other Moms at the Centre for some activities just for you! For Further Information or

**To register at 403-293-5467 ext. 32 or 403-689-1403**

# January